



AVINO SILVER &
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U.S. OTC BB: ASGMF
Berlin & FSE: GV6

RESIGNATION OF DIRECTOR

Avino Silver & Gold Mines Ltd. (the "Company") announces that Mr. Vic Chevillon, M.Sc., C.P.G. has resigned his position as Director of the Company. We thank Mr. Chevillon for his time and efforts and wish him every success in the future.

ON BEHALF OF THE BOARD

"David Wolfin"

David Wolfin
President

*The TSX Venture Exchange has not reviewed and does not accept the responsibility
for the accuracy or adequacy of this release.*