

Diamonds North grab samples 5.8 g/t Au at Amaruk

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Mr. Mark Kolebaba reports

DIAMONDS NORTH REVEALS GOLD ON AMARUK

Diamonds North Resources Ltd. has identified gold mineralization on its 100-per-cent-owned Amaruk property in Nunavut. A single reconnaissance grab sample collected from a three-to-five-metre-wide oxidized sulphide zone exposed for 50 metres, yielded 5.8 grams per tonne gold. The prospect is located adjacent to a two-to-three-kilometre-diameter granitic intrusion that appears to have been emplaced along a major structure that extends for more than 40 kilometres on Diamonds North's property. The prospect is also less than five kilometres from tide water.

"Canada's North is one of the few places where surface prospecting can still result in the discovery of new mineral prospects with district-scale potential. On Amaruk alone, we have discovered a new diamond district, the Tunerq nickel prospect, and now a new gold prospect," says Mark Kolebaba, president and chief executive officer of Diamonds North.

As a reconnaissance sample, a gold value of 5.8 grams per tonne is significant. In 2009, the company plans to verify the sample and attempt to expand the extent of the gold mineralization by prospecting along the structure and the intrusive body. Exploration plans will be in conjunction with other metal opportunities on Amaruk.

Diamonds North will continue to focus on aggressively advancing the diamond potential of the Pelly Bay diamond district. The addition of the gold prospect and the Tunerq nickel prospect discovered earlier on the Amaruk property further demonstrates the company's commitment to capturing other potential commodity value for its shareholders.

Bruce Kienlen, PGeol, and Graham Gill, PGeo, will be Diamonds North's qualified persons reviewing this project. They will be responsible for the design and conduct of future exploration programs and the verification and quality assurance of analytical results.

We seek Safe Harbor.