



News Release

(TSX: TIO)

TIOMIN WINS SUPPORT OF RISKMETRICS GROUP **Tiomin Reminds Shareholders To Vote Their BLUE Proxies**

TORONTO - May 11, 2009 - Tiomin Resources Inc. ('Tiomin' or the 'Company') (TSX: TIO) announced today RiskMetrics Group (formerly ISS Governance Services), North America's leading proxy advisory firm, recommends that its clients support Tiomin's proposed slate of directors as well the Company's recommendation for the appointment of Ernst & Young as the Company's independent auditors. RiskMetrics Group is North America's leading proxy advisory firm whose recommendations are relied upon by hundreds of major institutional investment firms, mutual funds and other fiduciaries.

The Annual General Meeting of shareholders is scheduled for Tuesday May 26, 2009 at 10:00 am at The Toronto Stock Exchange Tower, the Gallery Room, Toronto, Ontario. Tiomin urges all shareholders to vote their BLUE form of proxy for all proposed resolutions, including the re-election of Tiomin's board. Voting is a very quick and easy process. To be effective, your **BLUE** proxy must be received before and no later than **10:00 a.m. (Toronto time) on Friday, May 22, 2009**, using any one of the methods described on the BLUE form of proxy. Due to the limited time available, it is recommended that shareholders vote by Internet, telephone or fax.

Shareholders with any questions or requiring assistance in completing their BLUE form of proxy are asked to contact Tiomin's proxy solicitation agent, Kingsdale Shareholder Services at 1-866-851-2468. Your vote is extremely important.

Additionally, information regarding Tiomin's annual meeting, the proxy circular and other information can be found on its website at www.tiomin.com. Other enhancements have been made to the website recently including a "President & CEO Page" where shareholders can expect regular updates from Robert Jackson, Tiomin's President & CEO.

About Tiomin Resources Inc.

Tiomin Resources Inc. ("Tiomin") (TSX:TIO) is a mining company traded on The Toronto Stock Exchange with a focus on the exploration and development of base metals, precious metals, and titanium mineral sands projects. Tiomin has significant funds available for its projects, a strong management team, and a very experienced board. Tiomin's strategy is clear: to create long term value creation by realizing a return on the Company's current projects as well as seeking an accretive transaction that marries Tiomin's cash with producing or near-producing assets.

To find out more about Tiomin Resources Inc., please visit the company website at www.tiomin.com or review the documents filed on www.sedar.com.

For further information on Tiomin please contact:

Jim O'Neill, VP Corporate Controller and Investor Relations
E-Mail: joneill@tiomin.com Phone: 416-350-3779, ext. 231

Bruce Ramsden, VP Finance and CFO
E-Mail: bramsden@tiomin.com Phone: 416-350-3779, ext. 232

Certain of the information contained in this news release constitute 'forward-looking statements' within the meaning of the Private Securities Litigation Reform Act of 1995. Such forward-looking statements, including but not limited to those respect to the prices of metals and minerals, estimated future production, estimated costs of future production and the Company's sales policy, involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements of the Company to be materially different from any forecast results, performance or achievements expressed or implied by such forward-looking statements. Such factors include, among others, the actual prices of copper and gold, the actual results of current exploration, development and mining activities, changes in project parameters as plans continue to be evaluated, as well as those factors disclosed in the Company's documents filed from time to time with the Ontario Securities Commission.