


Tanzanian Royalty
EXPLORATION CORPORATION

Connecticut Office:

93 Benton Hill Road
Sharon, CT 06069
Tel: (860) 364-1830
Fax: (860) 364-0673

Form 20-F, File No. 001-32500

Trade Symbol:

TSX: TNX

NYSE Amex Equities: TRE

South Surrey Office:

Suite 404 – 1688 152nd Street

South Surrey, BC V4A 4N2

Toll Free: 1-800-811-3855

Email: investors@TanzanianRoyaltyExploration.com

Website: www.TanzanianRoyaltyExploration.com

Tel: (604) 536-7873

Fax: (604) 536-2529

News Release - November 16, 2009

**Tanzanian Royalty Announces Completion of 43-101 Report
For Kibara Mineral Project in Northern Tanzania**

Tanzanian Royalty is pleased to announce the completion of a National Instrument 43-101 compliant Technical Report for its Kibara Mineral Project in northern Tanzania. The project area comprises approximately 375 square kilometres and is situated within the Musoma-Mara Greenstone Belt about 145 kilometres southwest of the North Mara gold mine.

Significant gold and copper mineralization has been identified at Kibara in trenches within the Nyakona Hill area and in artisanal gold workings. Several grab samples taken in 2005 returned values up to 6.0 g/t gold and 13% copper.

In a news release dated April 18, 2006, the Company reported trenching results that included 17 samples averaging greater than 1% Cu; nine samples that returned values greater than 5% Cu; and four values that graded over 10% Cu (10.2; 13.5; 15.0; 27.4 respectively). Silver values ranged from detection levels to 87 g/t (2.5 oz/ton).

The Company began exploration work on the Kibara Project in August 2002 with mini-BLEG (Bulk Leach Extractable Gold) sampling. This program was followed by rock and termite mound sampling to validate the BLEG anomalies and later by trenching, biogeochemical (BGC) sampling and gradient IP surveys. The other licenses were covered with BGC sampling, mapping and chip sampling and limited auger drilling.

Follow-up exploration work including RAB and/or RC drilling has been recommended for each of the targets areas identified in the 43-101 report which was prepared by Martin J. Taylor, P.Geo, a Toronto-based independent consulting geologist who fulfills the requirements to be a "Qualified Person" for the purposes of NI 43-101.

The objective of this program will be to confirm the existence at depth of any gold/copper-in-quartz mineralization returned previously in trenches at Nyakona Hill and to extend any gold mineralization identified in the artisanal mine workings. Success in the first phase exploration

program would precipitate a second phase of exploration that would include additional RC drilling to expand the mineralization along strike and to depth.

Respectfully Submitted,

“James E. Sinclair”

James E. Sinclair
Chairman and Chief Executive Officer

For further information, please contact Investor Relations at 1-800-811-3855
Visit our website: www.TanzanianRoyaltyExploration.com

The Toronto Stock Exchange and NYSE Amex Equities have not reviewed and do not accept responsibility for the adequacy or accuracy of this release

Cautionary Note to U.S. Investors - The United States Securities and Exchange Commission limits disclosure for U.S. reporting purposes to mineral deposits that a company can economically and legally extract or produce. We use certain terms on this news release, such as “reserves”, “resources”, “geologic resources”, “proven”, “probable”, “measured”, “indicated”, or “inferred” which may not be consistent with the reserve definitions established by the SEC. U.S. Investors are urged to consider closely the disclosure in our Form 20-F, File No. 001-32500. You can review and obtain copies of these filings from the SEC's website at <http://www.sec.gov/edgar.shtml>.

Certain information presented in this release may constitute “forward-looking statements” within the meaning of the *Private Securities Litigation Reform Act* of 1995. Such forward-looking statements are based on numerous assumptions, and involve known and unknown risks, uncertainties and other factors, including risks inherent in mineral exploration and development, which may cause the actual results, performance, or achievements of the Company to be materially different from any projected future results, performance, or achievements expressed or implied by such forward-looking statements. Investors are referred to our description of the risk factors affecting the Company, as contained in our Form 20-F, File No. 001-32500, for more information concerning these risks, uncertainties, and other factors.